# 令和７年度　部活動練習予定

８　　月

平日の部活動の時間は原則16:30～19:00(完全下校)となります

通常練習：〇　　休み：×　　大会・練習試合：☆

※活動時間は、原則として週当たり１６時間未満
※週当たり２日以上の休養日の設定
※家庭の日（第３日曜）はノー部活動デー

| 日 | 曜 | 学校行事 | 軟式野球 | 活動時間 | サッカー | 活動時間 | テニス男子 | 活動時間 | テニス女子 | 活動時間 | バドミントン男子 | 活動時間 | バドミントン女子 | 活動時間 | バスケ男子 | 活動時間 | バスケ女子 | 活動時間 | バレー男子 | 活動時間 | バレー女子 | 活動時間 | 卓球男子 | 活動時間 | 卓球女子 | 活動時間 | ハンドボール | 活動時間 | 吹奏楽 | 活動時間 | 美術 | 活動時間 | 剣道 | 活動時間 | 水泳 | 活動時間 | 駅伝 | 活動時間 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 金 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | 〇 | | 〇 | | × | | × | | 〇 | |
| 2 | 土 | | ☆ | | 〇 | | ☆ | | ☆ | | × | | × | | 〇 | | 〇 | | 〇 | | ☆ | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | × | | × | |
| 3 | 日 | | ☆ | | × | | × | | × | | 〇 | | ☆ | | × | | ☆ | | × | | 〇 | | × | | × | | 〇 | | × | | × | | × | | × | | × | |
| 4 | 月 | | × | | 〇 | | 〇 | | × | | × | | × | | 〇 | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 5 | 火 | | × | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | 〇 | | 〇 | | × | | × | | × | |
| 6 | 水 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | |
| 7 | 木 | | 〇 | | × | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | × | | × | | 〇 | | × | | × | | × | | × | | × | |
| 8 | 金 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | × | | 〇 | |
| 9 | 土 | 登校日 | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | × | | 〇 | | × | | 〇 | | × | | × | | 〇 | | 〇 | | × | | × | | × | | × | |
| 10 | 日 | 学校閉庁日 | ☆ | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 11 | 月 | 学校閉庁日 | × | | 〇 | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 12 | 火 | 学校閉庁日 | ☆ | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 13 | 水 | 学校閉庁日 | ☆ | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 14 | 木 | 学校閉庁日 | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 15 | 金 | 学校閉庁日 | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 16 | 土 | 学校閉庁日 | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 17 | 日 | 学校閉庁日 | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 18 | 月 | 学校閉庁日 | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |
| 19 | 火 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | × | | × | |
| 20 | 水 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | ☆ | | ☆ | | 〇 | | 〇 | | × | | × | | × | | 〇 | |
| 21 | 木 | | × | | 〇 | | × | | × | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | × | | × | | 〇 | | × | | × | | × | | × | | × | |
| 22 | 金 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | × | | 〇 | | × | | × | | × | | 〇 | | × | | 〇 | | × | | × | | × | | 〇 | |
| 23 | 土 | | ☆ | | 〇 | | ☆ | | ☆ | | × | | × | | 〇 | | ☆ | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | × | | × | |
| 24 | 日 | | ☆ | | × | | × | | × | | 〇 | | 〇 | | × | | ☆ | | × | | 〇 | | × | | × | | 〇 | | × | | × | | × | | × | | × | |
| 25 | 月 | | × | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | |
| 26 | 火 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | × | | × | | × | |
| 27 | 水 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | |
| 28 | 木 | | × | | × | | × | | × | | 〇 | | 〇 | | × | | × | | 〇 | | × | | × | | 〇 | | 〇 | | × | | × | | × | | × | | × | |
| 29 | 金 | 始業式 | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | × | | × | | 〇 | | 〇 | | × | | × | | × | | × | |
| 30 | 土 | | ☆ | | ☆ | | 〇 | | 〇 | | 〇 | | 〇 | | 〇 | | ☆ | | 〇 | | 〇 | | × | | × | | 〇 | | ☆ | | × | | × | | × | | × | |
| 31 | 日 | | ☆ | | ☆ | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | | × | |